

On the Necessities of College English Teaching to the Training of College Students' Comprehensive Quality

Chengsheng Wang

Yangtze Univeersity College of Arts and Sciences,434020

Abstract: In English teaching, it can exercise students' thinking conversion ability and assist them to better integrate into the trend of the times, and it can also play a role in teaching to improve the comprehensive quality of college students.

Keywords: College English; College students; Comprehensive quality

DOI: 10.47297/wspiedWSP2516-250010.20220608

1. Introduction

Chinese culture is the soul of the Chinese nation. Traditional English teaching tends to ignore the cultivation of humanistic qualities and only teaches students English words and grammar, which results in the lack of comprehensive quality of college students. At present, with the continuous reform of English teaching, improving students' language application ability and cultivating their humanistic qualities in the teaching of college English have become hot issues of reform. The next step of reform is to improve students' language application ability to apply teaching into practice, not just to stay in books, finally improving students' humanistic quality and moral level.

2. Quality Education in English Teaching

The 21st century education requires high-quality talents to train people with certain professional skills and English proficiency. The purpose of English teaching is to improve the cultivation of moral character and culture in the whole society and to help people carry out quality education. English teaching can effectively promote the learners' oral expression ability, better broaden their horizons and expand their knowledge, and help them have a better understanding of foreign countries. It can

About the author: Chengsheng Wang, College English teaching, English and American Literature.

also quickly bring them the essence of foreign literature, improve their cultural quality, and use language to propagate the excellent culture of the Chinese nation, and strengthen international cooperation.

(1) English Professional Skills and General Knowledge Education

With the rapid development of information technology, there have already been a form of mutual support both at home and abroad. All countries in the world want to become strong, not only by expanding their own national culture, but also by learning the advantages and technological essence of other countries, so as to enhance their own scientific and cultural quality, develop their own intelligence and build up a reserve force with the culture and technology of the new era. As an international language, English has made a great contribution to the communication of international skills. In order to develop the English communication ability of talents in the new era, it is necessary to become a comprehensive professional with both professional skills and the ability to communicate in English. English teachers should help students improve their oral and social abilities, promote students to learn the basic culture of foreign countries, as well as their professional and innovative abilities to communicate with the world.

(2) Ideological and Moral Quality Education

Universities can enable students to set up values of life, ideological and moral values. Students can improve your moral consciousness, adjust your moral structure and make your ideological and moral quality perfect and stable by listening, watching and feeling. English teaching helps students to broaden their horizons, learn and absorb the essence of foreign culture, improve their cultural quality, and focus on cultivating their patriotism and national pride. In the process of comparing Chinese and Western cultures, it helps students to broaden their horizons, strengthen their rational recognition of the spiritual values of the Chinese nation for thousands of years, and set up their world view and life values of Chinese morality.

3. Practical Methods of Cultivating College Students' Comprehensive Quality in College English Teaching

(1) Designing the Teaching Mode of "Classroom Guidance + Extracurricular Autonomous Learning"

Ensuring a large amount of input of humanistic information. In classroom teaching, teachers can use audio-visual materials to let students know the output of cultural knowledge by way of explanation, so that students can quickly understand the differences between Chinese and Western cultures. In the classroom, the focus is on the language function to constantly remind students of the differences and sensitivity between Chinese and Western cultures. Teachers can also use

comparative induction to cultivate students through the cultural connotations of language. For example, teachers can set a specific situation to ask students to organize language performance on stage by themselves, and then translate it in English with their real feeling.

Due to the limited class hours, short-term classroom teaching can not meet the needs of students to learn English, many students learn more in their spare time. Therefore, autonomous learning has become an important part of students. Teachers should make full use of multimedia and network technology, and show them in different ways through the same content as possible, so that students can learn in different ways, so as to improve their understanding of human consciousness. Teachers should let students have their own listening styles. Searching for online resources can help students to find their own learning materials. Students can better help them improve their listening and expression abilities in the learning mode both in and out of class, and provide an important way for students to better understand foreign cultures, customs and general situation. At the same time, students' vision and imagination are improved, and the input of human information is strongly guaranteed.

(2) Increasing Diversified and Three-dimensional Teaching Content to Enrich Humanistic Connotations

English listening and oral learning can be improved in many ways, and teaching materials should be selected from a wide range of knowledge points. At the same time, we should select the audio-visual pictures of the audio-visual scenes that match the textbook. Characters and scenes must be shot in real scenes, with vivid characters and graceful language dialogs, which make students feel immersed in class. Let students' sense of language have the effect of diversification and stereo sense, and make it blend with traditional teaching materials. The improvement of the textbooks enriches the students' listening and oral English learning.

(3) Reasonable Arrangement of Teaching Activities and Internalization of Humanistic Information

Teachers can divide students into groups to discuss, describe and perform on the stage, so that students can better understand the teaching content, and can also quickly improve students' English communication ability, at the same time, improve students' understanding of the cultural connotation. Colorful listening materials can stimulate students' interest in teaching faster. Teachers can deepen students' love of English through extracurricular activities and practice what they learn in the classroom. For example, students can organize their own favorite activities such as English speech contests, English song concerts and so on, which can better cultivate their humanistic spirit.

In English classes, students should know what is most important. Listening and

speaking make the focus of the class. Students should not put the practical content first, but take the classroom knowledge as the main body. It should be understood that the development of English teaching is to cultivate the humanistic spirit and better promote the language communication ability. The trend is irreversible. Humanity education has been ignored all along. We should strive to make people realize the importance of human education, to better cultivate people's language knowledge and humanistic spirit, and to be good at using activity experience to achieve humanistic goals at the same time.

4. Necessities of Cultivating Students' Comprehensive Quality in College English Teaching

The function of English teaching is for students to communicate in English better in their life. Students should improve their comprehensive cultural accomplishment and self-learning ability, and be able to better integrate into the new era. Teachers should strictly require students to improve their comprehensive ability in class, and cultivate their skills in listening, speaking and writing.

(1) Enhancing Students' Comprehensive Ability in English

To learn English well, students need to read more and accumulate more. Only in this way can students input language more accurately. A large amount of reading can improve students' sense of speech. Students need to speak English more frequently. Only in this way can students quickly master English knowledge, increase their understanding of classroom learning and thus improve students' interest in learning.

(2) Strengthening the Cultivation of Students' Aesthetic Ability and Humanistic Quality

In daily reading, students can experience many different literary styles and different depth of understanding, and ultimately achieve the goal of improving students' literary accomplishment and aesthetic level. College English is characterized by its enrichment of humanism, which is reflected in most Western works, including the choice of words, the form of sentences, the level of articles, the modification of articles, and so on, which reflect many people's feelings. Through teaching materials, students' literary ability can be improved, students' true feelings can be trained, so that students can have a more comprehensive development and play an important role in the fierce competition in the future.

5. Conclusion

All in all, College English class plays a very important role in improving

college students' comprehensive quality. Every college English teacher has the responsibility and obligation to combine the improvement of students' language ability and comprehensive quality, so as to maximize the role of English Teaching in educating people. College education must pay attention to students' personality shaping, character training and skills acquisition. Only by attaching importance to the cultivation of humanistic quality in College English teaching can we cultivate qualified people for the society.

References

- [1] Ying Qu. Hongmei Xi. "On the Necessities of Invading College Students' Comprehensive Quality in College English Teaching" [J]. *Overseas English*, 2021 (16): 152-53.
- [2] Shuang Xie. "A Probe into the Teaching Design of Course Ideology and Politics in College English" [J]. *Journal of Heilongjiang Teacher Development Institute*, 2021,40 (04): 138-40.
- [3] Wei He. "Research on the Ideological and Political Education into College English Teaching" [J]. *Journal of Zhongzhou University*, 2019,36(06): 96-100.
- [4] Lihua Song. "Necessity and Feasibility of Ideological and Political Education in College English" [J]. *Think Tank Age*, 2019 (41): 43-44.
- [5] Jigang Cai. "On the Development Direction of College English Teaching in China: General English and Academic English" [J]. *Journal of Zhejiang University (Humanities and Social Sciences Edition)*, 2015,45 (04): 83-93.